

United Track Mandatory Parent Volunteer Sign-Up Form

United Track is an all-volunteer organization, managed by a year-round board of directors. To share the workload, parent participation is required. The success and quality of the athletes' experience depends heavily on parental participation. We only require that parents volunteer to help out during one home meet for about 90 minutes.

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|-------------|-------|
| PARENT NAME | _____ |
| CHILD NAME | _____ |
| PHONE | _____ |
| E-MAIL | _____ |

Please indicate Track Meet volunteer activities that interest you the most.

| | |
|-----------------------------------------------------|-------|
| TAG PULLER | _____ |
| SNOW CONES | _____ |
| ATHLETE TAG DISTRIBUTION | _____ |
| ATHLETE STAGING | _____ |
| RELAY ZONE JUDGES | _____ |
| FIELD EVENT DUTY (Long Jump, High Jump or Shot Put) | _____ |
| MEET SET-UP (6:30-8:00 AM Saturdays) | _____ |
| MEET TEAR-DOWN (1:30-3:00 PM Saturdays) | _____ |
| DATA INPUT | _____ |

In addition to working the track meet, getting more involved with the club and helping out at practices is a very rewarding experience. We encourage parents to participate as their schedule allows. If you are interested, please indicate by checking below.

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|-------------------------------------------------------|-------|
| ASSISTANT COACH (Sprints, Distance or Hurdles) | _____ |
| FIELD EVENT ASSISTANT COACH (SP, LJ or HJ) | _____ |
| HEAD VOLUNTEER COORDINATOR | _____ |
| AGE GROUP VOLUNTEER COORDINATOR | _____ |
| UNIFORM DISTRIBUTION | _____ |
| PICTURE DAY HELP | _____ |
| END OF SEASON PICNIC (TROPHIES, FOOD, YEARBOOK, etc.) | _____ |
| POST MEET RIBBON DISTRIBUTION | _____ |

Please see "Volunteer" page of our website for more complete descriptions of positions.